



# WELCOME

## To

# Bradford Sub-Aqua Club



## Scuba Diving and Snorkelling since 1956

# Club Guide/ Information

# About Bradford Sub Aqua Club

The Club was formed in 1956 and is recognised by the British Sub-Aqua Club as Branch Number 0044. The BSAC has some 45,000 members in more than 1,000 branches which makes it the largest single diving Club in the world. BSAC has long been recognised as probably the finest diver training agency in the world.

We are a family friendly Club that offers training in Snorkelling and Scuba diving and welcome new and trained divers to our club, and have around 80 members whose qualifications range from new trainees to Advanced Divers and Instructors with ages from 8 to 80

The aims of our Branch are to provide facilities for its members, opportunity and training for diving in accordance with the standards of The British Sub Aqua Club, together with related social activities, to promote the amateur sport of Scuba Diving and community participation in both Snorkelling and Scuba Diving.

We meet at our Club house in Queensbury on Monday evening from 17.30, for theory lessons and social activities, and at Eccleshill Pool on a Friday evening 19.00-20.30hrs for in water training.

We will support you throughout your ongoing training, from beginner on a try dive through to instructor. We have a great programme of open water dives to suit all grades and interests.

We also hold **CLUBMARK** Accreditation being one of only a small number of BSAC scuba diving clubs to gain this qualification.

In 2014-15 the club was awarded the BSAC Heinke Trophy. This is the premier award presented annually to the club judged to have done the most to further the interests of its members and of BSAC.



# Training

## Snorkelling

### Experience Snorkelling

Experience Snorkelling is a 'Try Snorkel' session which introduces students to basic snorkelling skills.

### Dolphin Snorkeler

This course introduces snorkelling to children via a series of seven progressive fun sessions.

### Snorkel Diver

This course introduces classroom sessions to teach the theoretical knowledge of snorkelling, coupled with practical lessons in the pool or in sheltered water.

### Advanced Snorkeler

This course teaches more advanced theoretical knowledge of snorkelling, coupled with practical lessons in Open Water. An Advanced Snorkeler is a comprehensively trained, experienced and responsible snorkeler.

### Snorkel Dive Manager

An experienced Snorkeler who is trained and qualified to organise and supervise group snorkelling activities.

## Scuba Diving

### Ocean diver

This course provides the essential knowledge and skills needed to prepare for open water diving.

### Sports diver

Sports Diver training builds a sound foundation of open water diving skills and experience with structured, practical lessons. Qualified Sports Divers are ready to take part in dives with other Sports Divers or higher.

### Dive Leader

Dive Leader training covers responsibilities and safety of leading other divers. Practical lessons will give divers confidence to deal with emergencies.

### Advanced Diver

The Advanced Diver course further develops knowledge and skills. Divers gain experience in planning dives at different sites and different circumstances.

### What does training involve?

Pool Training takes place on Tuesday evening at Shipley Pool 20:15-21:30 at the Eccleshill Sport Centre on a Friday evening 7-8:30 pm.

Theory lessons are held at the Clubhouse on either a Monday Evening or weekend as and when required.

Standards are high and we feel this is reflected in our excellent safety record.

Ability and confidence levels vary between students and our instructors have considerable experience in recognising this and tailoring pool training to suit individual needs. If it takes you longer than the average to complete a module we do not mind as long as you are competent in the end. Where confidence and ability is high students move quickly through the modules.

The BSAC has been training people to dive since the early 1950s, with a training programme designed to build confidence and self-reliance, whilst keeping safety paramount.

Lectures are more rigidly structured to enable efficient use of instructors. New courses commence on a regular basis.

Diving and snorkelling skills are taught progressively so that each new experience is built upon step by step. Following basic training in the safety of a swimming pool or protected area, progression to open water is achieved leading to either Ocean Diver or Snorkel Diver certification. This progression continues throughout training, when open water skills and techniques are further developed and experience gained.

## Courses

We can also offer a wide range of other Skill Development Courses including Practical Rescue Management, Oxygen Administration, External Defibrillation, First Aid, Technical Diving, VHF Radio, Advanced Life Saving, Chart Work and Position Fixing, Boat Handling and many more.

## Try Dives

If you have never tried Scuba or Snorkel Diving before, then why not enjoy the experience with a Try it First Scuba and/or Snorkel session. These are available to see if the sport is for you. We think that it is an absolutely fascinating and exciting sport and want you to enjoy it too. Contact us to arrange your first experience of having a go at Snorkelling or Scuba Diving.

All Try Dives are supervised by our fully Qualified Instructors.

## Equipment



Equipment for your pool training is available for you to use at a cost of **£50:00** for 6 months. The club has a large number of masks, snorkels, fins, weight belts, buoyancy aids and scuba equipment in various sizes. All you will need to bring is your swimwear and a T-shirt for scuba training in the pool.

It is worthwhile trying out different pieces of Club equipment before you buy your own. Club members and your instructors will be pleased to help and give advice about

different makes and types of equipment. Information on equipment hire for open water dives is available from the Training Officer. We have also arranged discounts at local dive stores for club members.



## Social Occasions

Many social events take place throughout the year including Parties, Fun Nights, BBQ's, Annual Award Presentation night and a meal (at our own Clubhouse ) at Christmas.

## Welfare

Both **Bradford Sub Aqua Club** and the **BSAC** takes its safeguarding duties very seriously regarding the safety and well-being of children participating in the activities of snorkelling and diving.

**Bradford Sub Aqua Club** Adopts the “BSAC Safeguarding policy” (**BuddyGuard**) instituted by BSAC and to that end has appointed a Welfare Officer and all instructors are CRB checked. The Club also holds the Clubmark accreditation for working with young people.

Further information can be found at

<https://www.bsac.com/this-is-bsac/bsac-rules-and-policies/safeguarding-policy/>

All members and or instructors accept this policy as a condition of joining the club.

## Membership

Membership of the Club is open to anyone interested in the sport on application regardless of sex, age, disability, ethnicity, nationality, sexual orientation, religion or other beliefs.

The **minimum age** for learning to dive with BSAC is **10 years**.

The **minimum age** for learning to dive with **Bradford Sub Aqua Club** is also **10 years**.

The **minimum age** for learning to snorkel with BSAC and **Bradford Sub Aqua Club** is **8 years**

Members below 18 years of age should be accompanied by a parent or guardian.

Please Note:- Any person joining as or upgrading to the grade of instructor will be required to have an enhanced RB check in accordance with The British Sub-Aqua Club safeguarding policy “Buddy Guard”

### Full Adult Diving membership fees include:-

- BS-AC Membership
- Access to BS-AC Coaching scheme
- Extensive liability insurance
- 12 Monthly copies of the BSAC SCUBA Magazine
- All training by nationally qualified instructors
- Use of pool SCUBA training equipment

### Current costs for NEW ADULT DIVERS 2023/24

|                                       |                 |
|---------------------------------------|-----------------|
| Joining <b>Bradford Sub Aqua Club</b> | £ 55 .00        |
| Record / Training Books and manuals   | £ 60.00         |
| Annual Membership Fee (club)          | £ 85 .00        |
| Annual Membership Fee (BSAC)          | £ 68.50.        |
| Pool Entry first five weeks           | £20.00          |
| Equipment hire/6months                | £50:00          |
| <b>TOTAL</b>                          | <b>£ 338.50</b> |

### Junior Diving membership fees include:-

- BS-AC Membership
- Access to BS-AC Coaching scheme
- Extensive liability insurance
- BSAC SCUBA Magazine online Version
- All training by nationally qualified instructors
- Use of pool SCUBA training equipment



### **Current costs for NEW JUNIOR and STUDENT/ DIVERS 2023/24**

|                                       |                |
|---------------------------------------|----------------|
| Joining <b>Bradford Sub Aqua Club</b> | £ 35 .00       |
| Record / Training Books and manuals   | £ 60 .00       |
| Annual Membership Fee (club)          | £ 37 .00       |
| Annual Membership Fee (BSAC)          | £ 37 .00       |
| Pool Entry first five weeks           | £20.00         |
| Equipment hire/6months                | £50:00         |
| <b>TOTAL</b>                          | <b>£239:00</b> |

### **Junior Snorkel Diving membership fees include:-**

- BS-AC Membership
- Access to BS-AC Coaching scheme
- Extensive liability insurance
- BSAC SCUBA Magazine online Version
- All training by nationally qualified instructors
- Use of pool Snorkel training equipment



### **Current costs for NEW /JUNIOR SNORKEL DIVERS 2023/24**

|                                       |                |
|---------------------------------------|----------------|
| Joining <b>Bradford Sub Aqua Club</b> | £ 10 .00       |
| Record / Training Books and manuals   | £ 10 .00       |
| Annual Membership Fee (club)          | £ 30 .00       |
| Annual Membership Fee (BSAC)          | £ 25.00        |
| Pool Entry first five weeks           | £20.00         |
| Equipment Hire (6Months)              | £25:00         |
| <b>TOTAL</b>                          | <b>£110.00</b> |

Please Note:- please check our website for the latest fees

**Renewal costs after the first year exclude joining fees and training manuals.**

## How can I Contact Bradford Sub Aqua Club?

Contact the Membership Secretary - Bob Lock on 01274 662787 or email : [bob.lock@exa.net.uk](mailto:bob.lock@exa.net.uk)

or the Diving Officer - Mick Barraclough on 07575 253311 or email : [mickbarraclough@gmail.com](mailto:mickbarraclough@gmail.com)

For current details of how to join or any further information about the Club.



Mick



Bob

You can also contact any member of the Committee, approach us at Eccleshill pool any Friday Evening or at The Clubhouse on a Monday evening. We will arrange a trial session called a try dive for you if you have never dived before. If you are a qualified diver, we will be more than happy to welcome you to the club and discuss the benefits of membership.

## How fit should I be?

You need to be able to swim and be reasonably fit. To become a member of the Club and BSAC you will need to complete a medical 'self-certification' form. However, if you have answered yes to any of the medical questions or have a history of certain medical conditions you will need to have a medical with a qualified doctor; for which you will have to pay a small fee.

[www.bradfordsubaqua.co.uk](http://www.bradfordsubaqua.co.uk)

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